

## Campbell County

**Name Of Organization :** Wyoming Behavioral Institute

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**Brief Description Of Services :**

Wyoming Behavioral Institute is an 85-bed acute care psychiatric hospital in Casper, Wyoming, specializing in acute mental health treatment for children, adolescents, adults and older adults. Wyoming Behavioral Institute provides intensive programming to help people who struggle with a mental health disorder. Five psychiatrists provide care 24/7. The activities and therapeutic groups offered through our treatment programs help patients build social and emotional strengths that may help them develop new, healthy ways to handle personal issues. Patients are expected to actively participate in all components of the program to improve self-awareness, insight, interactions and coping skills. Behavioral Health Disorders treated include:

--Anxiety

--Depression

--Substance abuse

--Suicidal thoughts and actions

--Threats to harm self or others

--Attention deficit hyperactivity disorder --Attention deficit disorder --Oppositional defiant disorder --  
Bipolar disorder --Schizophrenia

Specialized programs:

Geriatric acute care

Wyoming Behavioral Healthcare understands that the aging process can be stressful. Older adults can experience mental health issues that are often misdiagnosed as cognitive impairments, organic disorders or physical health issues. Proper diagnosis and treatment are critical to restoring the emotional health and physical well-being of our older patients. Our older adult inpatient program is intended to assist older adults who are experiencing an acute psychiatric disorder. Treatment

includes evaluation, differentiation between delirium and dementia, medication management, recreational and skill development groups, individual counseling and discharge planning. Our goal is to help seniors improve functioning so they can regain a higher quality of life. The multidisciplinary treatment teams include psychiatrists, therapists and nurses.

Youth Residential Treatment - Pathways Program Wyoming Behavioral Institute offers residential trauma-informed care for youth ages 10 to 16 affected by emotional trauma and mental health crises. It provides a supportive place for healing in which young people can develop new skills and learn appropriate methods of self-expression. The program is intended for youths who have experienced trauma and face lasting mental and emotional effects from it. Complex trauma exposures include loss, neglect, witnessing, maltreatment and separation. These experience can lead to post-traumatic stress and other complex clinical symptoms such as:

--Behavioral difficulties

--Relationship struggles

--Decline in academic performance

--High-risk behaviors (substance abuse, sexual risk taking, etc.) Wyoming Behavioral Institute offers residential trauma-informed care for children and adolescents affected by emotional trauma and mental health crises. It provides a supportive place for healing in which young adult patients can develop new skills and learn appropriate methods of self-expression.

Free, confidential level of care assessments are available 24 hours a day, seven days a week. For more information or to arrange a confidential assessment at no charge, please call 800-457-9312 and ask for intake.

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