

Campbell County

Name Of Organization : Wyoming Center for Clinical Excellence

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Brief Description Of Services :

WCCE is committed to your privacy. Do not include confidential or private information regarding your health condition in this form. This form is for general questions or messages to the practitioner.

Therapists; Brian Edwards LMFT, CATC (brian@wytherapy.com), Augusta Lind LPC (agusta@wytherapy.com, and Andrea Robertson MSW, PLCSW (andrea@wytherapy.com)

What makes WCCE stand out from other counselors and therapists?

Your therapeutic experience with Wyoming Center for Clinical Excellence is a journey of healing, connection, and—ultimately—peace. One of the most robust findings in all of psychology over the last 40 years is that no therapy style is more effective than any other style. WCCE follows the data that says the difference in effectiveness comes down to the skill of the therapist deploying it based upon the individual needs of the client. WCCE therapists incorporate evidence based psychotherapy services, experiential methods and psychodrama techniques into our work with individuals (adults, children, adolescents and teens), couples and groups. This is done to help our clients get to the heart of the matter faster.

It is important to us that you receive quality services for what you are spending your valuable time and resources on. Therefore, therapists at WCCE use evidence-based measuring tools to track your progress while in our care. This means that we use data to provide you with specialized therapy that is personalized just for you. This allows clients to make informed choices about whether they are benefiting from our services or not, as well as helps us adjust the care we provide to ensure you receive what you need.

WCCE's goal is to serve those who are suffering but are reluctant to seek help for fear of repercussions in their social or professional standing. Our therapists have experience working with a variety of populations including:

- active duty military and veterans
- adolescents and children
- artists, musicians and other creatives
- first responders
- high-profile community members
- professionals across all industries
- spiritual leaders

Services

Move from where you are, to where you want to be

For far too long, addressing emotional struggle, pain, addiction, and other challenges has been considered weak or deemed crazy. But the truth is: everyone struggles. Too often, we medicate those struggles with alcohol, drugs (legal and illegal), sex, shopping, throwing ourselves into our careers, and checking out of life with our electronics (phones, computer, TV, and tablets), among other things. One of the most powerful lessons that Wyoming Center for Clinical Excellence (WCCE) Therapists have learned about medication is that you will never solve the 100 problems you have until you deal with the medication problem. What is your medication? How do you “check out” when life gets too painful or uncomfortable? And how does it impact your life, relationships, profession?

WCCE is committed to help you change your response to your struggles so you can reconnect with who you are and become who you want to be.

WCCE is all about change, not shame. We are about showing up for our clients and helping you show up for your life. WCCE is about getting the outcome to therapy that you want. Our client-centered therapists work side-by-side with you to get the most out of your time with us. These are the services we are offering in Gillette, Wyoming. All services are offered in a safe, respectful and confidential environment. WCCE hopes you will feel at home and be open to change.

Group Therapy: Group therapy is designed to provide you with a more in-depth experience that is different from individual therapy. We are more likely to engage in the change process with the support of others. With group therapy at WCCE, our therapists will help you take a deep dive on your story and learn more about yourself, re-write old narratives to your stories that do not work anymore, improve your relationships, and develop better-coping skills in a safe, supportive, and confidential setting.

Individual Therapy: From specific issues to life-long struggles, individual therapy allows you to work one-on-one with a trained therapist. At WCCE, you will work to explore your feelings, beliefs, and behaviors, as well as better, understand yourself and others, set personal goals, and work toward your desired life change.

Couple's and Family Therapy: Relationships require ongoing care to be fulfilling and rewarding. At WCCE, our therapists help couples build respect, trust, and intimacy through [couples counseling](#). During counseling, couples will learn how to gain a better understanding of what your partner needs from you, learn how to connect and reconnect with your partner, and how to speak the unspoken difficult emotions.

Child and Adolescent Therapy: [Children and adolescents](#) (or teenagers) may develop issues with anxiety, depression, self-esteem, substance abuse, among others. At WCCE, we work with children of all ages experiencing a variety of emotional and behavioral challenges that can impact their ability to function well in school, make and sustain friendships, and have positive family interactions.

Addiction and Substance Abuse Therapy: Sobriety is not impossible. At WCCE, we offer unique and effective addiction therapy services to help clients create a plan that works for them. Our evidenced-based therapy allows clients to gain insight into their struggles and thought patterns, and create new forms of thinking to help them achieve sobriety and help prevent relapse in the future. WCCE is connected to a vast network of the nation's top-performing treatment centers. Addiction assessments are also available.

Consultation Services: Brian is available to come to your clinic, agency, or school to work with clinicians on developing new strategies and techniques to further their clinical range of expertise. These can be an hour-long presentation or full day consultation sessions. Brian is also available for case consultations, individual or group clinical supervision—licensed or pre-licensed, Brian and Andrea will come to your business, clinic or agency to do leadership work—in a group setting or individually—with your staff or management team in the vein of [Brene Brown's Daring Way style](#). These can be an hour-long presentation or full day consultation sessions.

American Association of Marriage and Family Therapists Clinical Fellow Wyoming Center for Clinical Excellence's Brian Edwards has been selected as a Clinical Fellow with the [American Association of Marriage and Family Therapists](#) (AAMFT). AAMFT is the professional association for the field of marriage and family therapy. They represent the professional interests of more than 50,000 marriage and family therapists throughout the United States, Canada and abroad. You can also see Brian's Psychology Today profile at <https://www.psychologytoday.com/profile/719919>